



# SUCCESSFUL LTТА IN KARDITSA



## Guide Coming Soon!

We're currently developing a Guide for young people and educators. This resource will be packed with practical tips and activities to help everyone embrace a zero-waste lifestyle.

## Learning by Doing: Focus on Practical Skills

We're excited to share news about our recent Learning, Teaching, Training Activities (LTTA) held in Karditsa, Greece, from July 8th to 10th, 2024! This intensive training equipped participants with the skills to lead engaging workshops promoting a zero-waste lifestyle:

- DIY Upcycling: Turning old t-shirts into new creations
- Delicious recipes using leftover ingredients and zero-waste methods
- Natural beauty products made at home.



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## Sneak Peek: Fight Food Waste!

The Guide offers a fun and impactful activity to tackle food waste: using "misfit food"! These are perfectly edible fruits and vegetables that may have cosmetic blemishes but are just as delicious and nutritious.

Learn how to find these hidden treasures and transform them into tasty juices, soups, or even compost. We'll show you how to do it with just basic kitchen tools, making it perfect for demonstrations at street kiosks or farmers markets. Imagine inspiring your community to embrace misfit food and reduce food waste!



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### THE PARTNERSHIP

The European partnership is made up of the following organizations:



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